# SPRING 2026

## CanSkate & PreAcademy 1 & 2 (formerly PreAcademy & Junior Academy)

Registration is on bedfordskatingclub.com
All sessions are at Greenfoot Energy Centre

CanSkate

**RETURNING MEMBER REGISTRATION: Friday, Mar.13 @ 12pm**
**Returning member:** A skater (or sibling of) who was registered for a BSC session during Fall/Winter 2025-2026 & have the returning member registration code

**WAITLIST MEMBER REGISTRATION: Monday, Mar.16 @12pm**
**Waitlist members:** Any skater on the Fall/Winter 2025-2026 waitlist & have the waitlist member registration code

**REGISTRATION CODES: Registration codes are needed for RETURNING & WAITLIST members. Codes will be emailed to these groups prior to their registration windows**

**NEW MEMBER REGISTRATION: Wednesday, Mar.18 @ 12pm**
**New members:** Any skater not registered with BSC for the Fall/Winter 2025-2026 season and not on the waitlist for either of those. Skaters switching from a different club and are not on a BSC waitlist are considered new members as they are new to BSC.

***NEW MEMBERS!***
All new skaters start at the PreCanSkate level of CanSkate. Skaters are tested on day 1 and moved to a higher level group if appropriate. Skaters must be 4+ years old as of Apr.1 the year of registration

Join us Sunday, Apr.12 for our Spring Ice Show! Shows will be 1:30-3:30pm and 4:30-6:30pm and will feature over 100 skates from BSC and our partner club, Halifax Skating Club.Details on registration, fees, sponsorships, and practices will be sent to each group separately.

**CanSkate Groupings:** Groups are based on age and level and are checked on day 1 with adjustments as needed. Group colours do not correspond to a specific level and are fluid through the season as skaters complete ribbons and badges - i.e. a skater may not switch groups by passing a ribbon or badge if they still match the level of all other skaters in their current group.

CanSkate sessions are group format. If your skater has an adaptation that requires one-on-one attention please email Becky at bedfordskatingclub@hotmail.com BEFORE registering.

**Levels:** CanSkate is made up of PreCanSkate and Stage 1-6. Stage 1-6 is broken down into Agility, Balance, and Control. No experience is required for new skaters.

**PreAcademy 1 & 2:** Invite only program. Skaters receive a direct invite for this program after being identified using the club Skater Identification Matrix.

**Payment:** All payment must be made online. All new member registrations will include a $61.65 Skate Canada fee that will be added to registration when checking out. The fee is valid from Sept.1-Aug.31 of each season and is not prorated.

**Dressing rooms:** Dressing rooms will be available but space is ***very*** limited. ***Only use your assigned dressing room!*** Skaters are encouraged to arrive ice ready.

**Report cards:** Report cards will be posted to your BSC account within 2 weeks of the end of the season.

**Volunteers needed:** Volunteers are the key to our success. Each CanSkate session needs 2-3 "Rink Parents" to run efficiently. This is an off-ice position during the CanSkate session only. If you are interested in volunteering off-ice in any capacity please email Becky at bedfordskatingclub@hotmail.com.

**Fundraising:** BSC has 2 ongoing fundraisers - Oliver's Labels and Sport Split 50/50. For Oliver's Labels please visit oliverslabels.com/bsc for the club to receive 20% of your purchase total. For Sport Split please purchase your tickets at rafflebox.ca/raffle/sportns/19. Thank you for your continued support of our club.

**Club clothing**: BSC has an "always open" clothing site at bedfordskatingclubgear.entripyshops.com. There are additional item group sales throughout the season as well.

Skate Canada

# CANSKATE

**CanSkate - PreCanSkate-Stage 6**

**Registration codes are required for RETURNING and WAITLIST members.**
**Codes will be sent by email prior to those group's registration windows.**
**New members will not need a code.**

*CanSkate is a learn-to-skate program. Skaters are grouped by age and level with a maximum of 10 skaters per group. Groups are led by trained program assistants and coached by Skate Canada Professional Coaches. Instruction is in a group format (one-on-one lessons are not available at this level).*

*Skaters must be 4 as of Apr.1 the year of registration and no older than 16 as of Apr.1 the year of registration.*

***"A CSA approved helmet must be worn by skaters up to, and including, Stage 5 of the CanSkate program. Any exception to the use of a CSA approved helmet must be provided by Skate Canada in writing. All participants in a sledge must wear a helmet. Use of a Bold Helmet requires written approval from Skate Canada."***

***Bike and ski helmets are NOT permitted! Skaters will not be permitted on the ice with these helmets***
***Face masks are required for beginner to Stage 3 skaters.***
***All skaters regardless of level must wear a helmet on BSC CanSkate sessions.***

*Hockey or figure skates are permitted.*

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| **Thursday - RETURNING MEMBERS**<br>**Returning skaters Stage 1-6**<br>**5:35-6:20pm**<br>10 weeks<br>Greenfoot Energy Centre | April 9, 16, 23, 30<br>May 7, 14, 21, 28<br>June 4, 11 | **$140**<br>**Add $61.65 Skate Canada fee for new members. Valid until Aug.31** |
| **Thursday - NEW MEMBERS**<br>**Waitlist and/or new skaters**<br>**PreCanSkate-Stage 6**<br>**5:35-6:20pm**<br>10 weeks<br>Greenfoot Energy Centre | April 9, 16, 23, 30<br>May 7, 14, 21, 28<br>June 4, 11 | **$140**<br>**Add $61.65 Skate Canada fee for new members. Valid until Aug.31** |
| **Saturday - RETURNING MEMBERS**<br>**Returning skaters Stage 1-6**<br>**9:50-10:35am**<br>8 weeks<br>Greenfoot Energy Centre | April 18, 25<br>May 2, 9, 16*, 23*<br>June 6, 13<br><br>*May 16 & 23 are 9:05-9:50am<br>*No skating May 30* | **$130**<br>**Add $61.65 Skate Canada fee for new members. Valid until Aug.31** |
| **Saturday - NEW MEMBERS**<br>**Waitlist and/or new skaters**<br>**PreCanSkate-Stage 6**<br>**9:50-10:35am**<br>8 weeks<br>LeBrun Arena | April 18, 25<br>May 2, 9, 16*, 23*<br>June 6, 13<br><br>*May 16 & 23 are 9:05-9:50am<br>*No skating May 30* | **$130**<br>**Add $61.65 Skate Canada fee for new members. Valid until Aug.31** |

**Programming cancellation & changes:** BSC reserves the right to adjust programming (scheduling and/or cancellation) to meet operational requirements based on coaching, enrollment, weather, NS Health requirements, etc. There are no make-up days for cancelled sessions.

## PREACADEMY 2

**INVITATION ONLY**
**Skaters are strongly encouraged to skate 2 days/week**
**Skaters must start or switch to figure skates within 2 Weeks of start date**

PreAcademy 2 is our first step into Figure Skating. Skaters must be Stage 3-5 or have approval. Skaters will be introduced to figure skating moves while continuing to develop their basic skating skills. Off-ice is also introduced.

***"A CSA approved helmet must be worn by skaters up to, and including, Stage 5 of the CanSkate program. Any exception to the use of a CSA approved helmet must be provided by Skate Canada in writing. All participants in a sledge must wear a helmet. Use of a Bold Helmet requires written approval from Skate Canada."***

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| **Tuesday***<br>**5:15-7**pm**<br>9 weeks<br>Greenfoot Energy Centre<br><br>*Skaters must skate 2 days/week to register for this session<br><br>**Exact time may shift by 15-20min. Exact schedule will be confirmed by Mar.27 | April 14, 21, 28<br>May 5, 12, 19, 26<br>June 2, 9 | **NA** |
| **Saturday**<br>**9-10:30am**<br>*9-9:50pm on-ice;*<br>*10-10:30am on-ice*<br>8 weeks<br>Greenfoot Energy Centre | April 18, 25<br>May 2, 9, 16*, 23*<br>June 6, 13<br><br>*May 16 & 23 are 8-9:05am<br><br>*No skating May 30* | **$158** |
| **2 Day Package** | See dates above for skating dates | **$245** |

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CanSkate

## PREACADEMY 1 (formerly Junior Academy)

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|---|---|---|
| **INVITATION ONLY**<br>**Program is minimum 2 days/week**<br>**Skaters must wear figure skates**<br><br>PreAcademy 1 is our second step into Figure Skating. Skaters work to complete Stage 6 CanSkate and Star 1 STARSkate. **The program is 2 days/week with no exceptions.** Off-ice is also incorporated on both days to better develop and prepare skaters. | | |
| **Tuesday***<br>**5:15-7**pm**<br>9 weeks<br>Greenfoot Energy Centre<br><br>**Exact time may shift by 15-20min. Exact schedule will be confirmed by Mar.27<br><br>**&**<br><br>**Saturday**<br>**9-10:30am**<br>*9-9:50pm on-ice;*<br>*10-10:30am on-ice*<br>8 weeks<br>Greenfoot Energy Centre | April 14, 18, 21, 25, 28<br>May 2, 5, 9, 12, 16*, 19, 23*, 26<br>June 2, 6, 9, 13<br><br>*May 16 & 23 are 8-9:05am<br><br>*No skating May 30* | **$245** |

**Programming cancellation & changes:** BSC reserves the right to adjust programming (scheduling and/or cancellation) to meet operational requirements based on coaching, enrollment, weather, NS Health requirements, etc. There are no make-up days for cancelled sessions.

BEDFORD
SKATING CLUB

# Bedford Skating Club progression map

**2025-2026**

## Skate Canada program

### CanSkate
- PreCanSkate & Stage 1-6
- 4+ years-old
- No experience needed
- Hockey or figure skates allowed
- CSA approved helmet mandatory

### Beginner/Intermediate Teen/Adult CanSkate
- PreCanSkate & Stage 1-6
- 12+ years-old/18+ years-old
- No experience needed
- Hockey or figure skates allowed
- CSA approved helmet mandatory up to Stage 6

## Club bridge programs (Skate Canada base)

### PreAcademy 2
- Invite only program
- Stage 3+ or approved
- 2 days/week strongly encouraged
- Figure skates mandatory

## Club Figure Skating programs (Skate Canada based & guided)

### PreAcademy 1
- Completing Stage 6/Star 1
- 2 days/week mandatory
- Off-ice included

### Academy Junior
- Skate Canada LTD Learn-to-Train
- Competing Star 2-4
- Working on Star 2-5 assessments
- 0-4 years of STARSkate experience
- and/or approval

### Academy Intermediate
- Skate Canada LTD Learn to Train
- Competing Star 4-6
- Working on Star 5+ assessments
- 3+ years of STARSkate experience or 0-2 years of Podium Pathway experience
- and/or approval

### Academy Senior
- Skate Canada LTD Learn to Train, Train to Train, Train to Compete & Train to Win
- Competing Star 7+ and/or PreJuv+
- Working on Star 6+ assessments
- 5+ years of STARSkate experience or 1+ years of Podium Pathway experience

### Synchronized skating
- Must have passed Star 1+ skills
- Various level teams
- and/or approval
- No experience needed
- Encouraged to do at least 1 individual session

### Theatre on Ice
- Must have passed Star 3+ skills
- and/or approval
- No experience needed
- Encouraged to do at least 1 individual session

### Advanced Adults
- Must have figure skating experience
- and/or approval
- Coaching arranged separately